

28-Day Money Saving Challenge

Save \$10	No Spend Day	Declutter (declutter 1 item and list if for sale)	Use a coupon or promo (only shop if you can get a discount)	Find a FREE activity	Spend only \$20 Day (save what you don't spend)	No Spend Day
Go on a \$15 date (single or with someone else)	For every chore you do, save \$1 (walking dog, laundry, vacuuming)	No Spend Day	Save \$5	Collect all spare change	DIY Day (coffee, car wash, manicure) and save what you don't spend	Coin Toss (heads save \$5, tails save \$8)
Save \$5	Cancel Something (a membership or subscription you don't use)	Wait 24 hours (don't hit purchase on your cart for 24 hours)	No Spend Day	Save the Date (save the amount of \$ that matches today's date)	No Screens for 1 hour, save \$3	Skip the Drive -Thru
Track Every Penny (write down all expenses today)	DIY Day	Pantry Challenge (use only foods already in your home)	Save \$5 if it rains, \$10 if it is sunny today	No Spend Day	Save \$10	Cash Only (do not use cards, apps. Forces more mindful spending)